

Schedule of Sexaholics Anonymous Phone Meetings by Time Zone

Last updated: 6/27/2010

City					Greenwich Mean Time (GMT)	London	New York	Chicago	Denver	Los Angeles	Auckland
Time Zone					+0	+1	-4	-5	-6	-7	+12
Days	Type	PIN	Format	UTC							
All	Mixed	5661	Daily Sobriety Renewal	US	10:30 AM	11:30 AM	6:30 AM	5:30 AM	4:30 AM	3:30 AM	10:30 PM
All	Mixed	5661	Daily Sobriety Renewal	US	11:30 AM	12:30 PM	7:30 AM	6:30 AM	5:30 AM	4:30 AM	11:30 PM
Mon, Wed, Sat	Mixed	1339	Book Study/Discussion	US	12:00 PM	1:00 PM	8:00 AM	7:00 AM	6:00 AM	5:00 AM	12:00 AM
All	Men	5403	Daily Sobriety Renewal	US	12:30 PM	1:30 PM	8:30 AM	7:30 AM	6:30 AM	5:30 AM	12:30 AM
All	Mixed	5661	Book Study/Discussion	US	4:00 PM	5:00 PM	12:00 PM	11:00 AM	10:00 AM	9:00 AM	4:00 AM
Mon	Men	5403	Book Study/Discussion	US	6:00 PM	7:00 PM	2:00 PM	1:00 PM	12:00 PM	11:00 AM	6:00 AM
Thu	Mixed	5661	Book Study/Discussion	UK	6:00 PM	7:00 PM	2:00 PM	1:00 PM	12:00 PM	11:00 AM	6:00 AM
Sun	Mixed	5661	Book Study/Discussion	US	12:00 AM	1:00 AM	8:00 PM	7:00 PM	6:00 PM	5:00 PM	12:00 PM
Sun	Women	See Below*	Book Study/Discussion	US	12:00 AM	1:00 AM	8:00 PM	7:00 PM	6:00 PM	5:00 PM	12:00 PM
Sun	Mixed	1339	Book Study/Discussion	US	1:05 AM	2:05 AM	9:05 PM	8:05 PM	7:05 PM	6:05 PM	1:05 PM
Mon	Mixed	5661	Book Study/Discussion	US	1:05 AM	2:05 AM	9:05 PM	8:05 PM	7:05 PM	6:05 PM	1:05 PM
Tue-Sat	Men	5403	Book Study/Discussion	US	1:05 AM	2:05 AM	9:05 PM	8:05 PM	7:05 PM	6:05 PM	1:05 PM
Fri	Mixed	5661	Book Study/Discussion	US	1:05 AM	2:05 AM	9:05 PM	8:05 PM	7:05 PM	6:05 PM	1:05 PM
All	Mixed	5661	Nightly Reflections	US	2:15 AM	3:15 AM	10:15 PM	9:15 PM	8:15 PM	7:15 PM	2:15 PM
All	Mixed	5661	Daily Sobriety Renewal	US	4:00 AM	5:00 AM	12:00 AM	11:00 PM	10:00 PM	9:00 PM	4:00 PM
All	Mixed	1339	Daily Sobriety Renewal	UK	5:30 AM	6:30 AM	1:30 AM	12:30 AM	11:30 PM	10:30 PM	5:30 PM
All	Mixed	See Below**	Daily Sobriety Renewal	NZ	6:00 AM	7:00 AM	2:00 AM	1:00 AM	12:00 AM	11:00 PM	6:00 PM
<b>Daylight Saving Time (DST)</b>					DST started on Sunday, March 28, 2010 at 1:00 AM and ends on Sunday, October 31, 2010 at 2:00 AM		DST started on Sunday, March 14, 2010 at 2:00 AM and ends on Sunday, November 7, 2010 at 2:00 AM			DST ended on Sunday, April 4, 2010 at 3:00 AM and starts on Sunday, September 26, 2010 at 2:00 AM	
Access number <b>712-338-8720</b> . Enter PIN 5661#, 5403# or 1339# per the table above. Backup number: 218-339-2699. Enter PIN 349956# * Contact the SA Central Office at 866-424-8777 for the phone number    ** New Zealand 6:00 PM access number: 712-338-8710 PIN 871#											