



# SA PHONE MEETINGS!!!

Unable to attend your regular face to face meeting?

**Can't leave your house because of sickness, bad weather, car won't start?**

*Difficult to get to a meeting when you're traveling?*

NOW YOU CAN MAKE A MEETING EVERY DAY!!!

## **IMPORTANT NOTE:**

**ON NOVEMBER 1<sup>st</sup>, 2011, THE PHONE NUMBERS AND PINS CHANGED.**

- 1 Attend a live SA teleconference meeting with others around the world who are seeking sobriety.
- 2 If the line is silent when you call, you may need to wait a few minutes until others call.
- 3 Phone meetings are not intended to replace face-to-face meetings. To find a face-to-face meeting visit [www.sa.org](http://www.sa.org)
- 4 You may also OPT IN for updated SA Phone Meeting Schedules at <http://oi.vresp.com?fid=9458002652>
- 5 Women In SA (WISA), uniting women for fellowship, recovery and helping women ease into a dominantly male fellowship. Includes weekly phone meetings, email lists, and Internet meetings. Contact information at [www.womeninsa.org](http://www.womeninsa.org). Callers to women's-only meetings are screened—contact the SA Central Office at 866-424-8777 for the phone number.
- 6 If the primary phone number doesn't work, there is a **BACKUP NUMBER**. See page 3 for details.
- 7 Meeting times vary across many time zones, and daylight saving time may or may not be in effect. First-time callers may want to use the “current time” links to determine the relative day and time of a meeting.
- 8 All meetings are mixed gender and open discussion, except where specified otherwise.
- 9 Some meetings follow the Daily Sobriety Renewal (DSR) format, where callers answer the daily renewal questions based on those originally published in *Essay* (2002, issue #4).

## Phone Meeting Schedule

| Base Time Zone(s)  | Meeting Time in Base Time Zone | Days          | Type                     | Phone Number | PIN      |
|--|--------------------------------|---------------|--------------------------|--------------|----------|
| <u>United States</u><br>Eastern Standard Time (UTC-5)<br>Eastern Daylight Time (UTC-4)<br>Current Time: <a href="#">(click here)</a> | 06:25 am                       | All           | “Next 24” DSR            | 218-339-2699 | 349956#  |
|  | 06:30 am                       | All           | DSR                      | 858-200-4900 | 7138664# |
|  | 07:30 am                       | All           | DSR                      | 858-200-4900 | 7138664# |
|  | 08:00 am                       | All           | Book Study               | 218-339-2699 | 349956#  |
|  | 08:30 am                       | All           | Men Only; DSR            | 858-200-4900 | 5843285# |
|  | 12:00 pm                       | All           | Book Study / Discussion  | 858-200-4900 | 7138664# |
|  | 01:00 pm                       | Mon           | Men Only                 | 858-200-4900 | 5843285# |
|  | 02:00 pm                       | Mon           | Men Only                 | 858-200-4900 | 5843285# |
|  | 03:00 pm                       | Sun           | Women Only               | See #5 above |          |
|  | 07:30 pm                       | Tue, Wed, Thu | “Step Into Action” Study | 858-200-4900 | 7138664# |
|  | 08:00 pm                       | Sat           | Women Only               | See #5 above |          |
|  | 08:00 pm                       | Sun           |                          | 858-200-4900 | 7138664# |
|  | 09:05 pm                       | Sun           | Topic Discussion         | 218-339-2699 | 349956#  |
|  |                                | Mon           |                          | 858-200-4900 | 7138664# |
|  |                                | Tue thru Sat  | Men Only                 | 858-200-4900 | 5843285# |
|  |                                | Fri           |                          | 858-200-4900 | 7138664# |
|  | 10:15 pm                       | All           |                          | 858-200-4900 | 7138664# |
| Midnight   | Sun, Mon, Wed, Fri             | DSR           | 858-200-4900             | 7138664#     |          |
|  | Tue, Thu, Sat                  | Book Study    | 858-200-4900             | 7138664#     |          |
| <u>United Kingdom</u> <a href="#">(current time)</a><br>Greenwich Mean Time (UTC+0)<br>British Summer Time (UTC+1)                   | 06:30 am                       | All           | DSR                      | 218-339-2699 | 349956#  |
|  | 07:00 pm                       | Thu           |                          | 858-200-4900 | 7138664# |

# Backup Numbers

The backup phone number is 712-338-8720.

| Base Location         | Meeting Time | Days          | PIN   |
|-----------------------|--------------|---------------|-------|
| <u>United States</u>  | 06:25 am     | All           | 1339# |
|                       | 06:30 am     | All           | 5661# |
|                       | 07:30 am     | All           | 5661# |
|                       | 08:00 am     | All           | 1339# |
|                       | 08:30 am     | All           | 5403# |
|                       | 12:00 pm     | All           | 5661# |
|                       | 01:00 pm     | Mon           | 5403# |
|                       | 02:00 pm     | Mon           | 5403# |
|                       | 07:30 pm     | Tue, Wed, Thu | 5661# |
|                       | 08:00 pm     | Sun           | 5661# |
|                       | 09:05 pm     | Sun           | 1339# |
|                       |              | Mon, Fri      | 5661# |
|                       |              | Tue thru Sat  | 5403# |
|                       | 10:15 pm     | All           | 5661# |
|                       | Midnight     | All           | 5661# |
| <u>United Kingdom</u> | 06:30 am     | All           | 1339# |
|                       | 07:00 pm     | Thu           | 5661# |