

Nightly Reflections ~ 10:15 PM EST

Welcome to the nightly reflection meeting. This reflection meeting gives us a chance to review our recovery as seen through the program. Please do not give extended or detailed account but a brief overview for each question.

Let's introduce ourselves by first name and that is the order in which we will answer the questions.

We will begin with a moment of silence followed by the serenity prayer.

We will answer the questions in the following order:

1. Worst lust temptation. What have you done?

Read together

2. Worst resentment or fear. Character defect involved.
3. Do you surrender those character defects? Have you prayed for the persons?
How could you have reacted?

Read together

4. Have you prayed for other people?
5. Have you done something good and loving for somebody?

Are there any announcements for the good of the fellowship?

Close with the 3rd step prayer.

Secretary Schedule:

Sun - Open

Thur - Glenn

Mon - Open

Fri - Susan

Tue - Open

Sat - Susan

Wed - Open