

SA PHONE MEETINGS!!!

Unable to attend your regular face to face meeting?

Can't leave your house because of sickness,
bad weather, car won't start?

Difficult to get to a meeting when you're traveling?

NOW YOU CAN MAKE A MEETING EVERY DAY!!!



Attend a live SA teleconference meeting with others around the world who are seeking sobriety. If the line is silent when you call, you may need to wait a few minutes until others call. Be courteous; mute your phone if there is background noise at your location. Follow the normal guidelines of a regular face-to-face meeting.

Phone meetings are not intended to replace face-to-face meetings. Please attend local meetings, get a sponsor, and work the steps! To find a face-to-face meeting visit www.sa.org.

Some meetings are mixed gender and others are men only, as specified. For women-only meetings, please refer to "Women In SA (WISA)" ~ *Uniting Women for Fellowship*. Recovery and helping women ease into a dominantly male fellowship. Includes weekly phone meetings, email lists, and Internet meetings. Women are screened before entering meetings. Visit www.womeninsa.org for more info.

Access number **712-338-8720**, then PIN 5661#, 5403# or 1339# per the table below. Backup number is 218-339-2699 then PIN 349956#

| Time | Days | Type | PIN | Format | Zone |
|----------|---------------|-------|-------------|------------------------|------|
| 5:00 AM | All | Mixed | 5661 | Daily Sobriety Renewal | US |
| 6:30 AM | All | Mixed | 1339 | Daily Sobriety Renewal | UK |
| 7:00 AM | All | Mixed | See below** | Daily Sobriety Renewal | NZ |
| 11:30 AM | All | Mixed | 5661 | Daily Sobriety Renewal | US |
| 12:30 PM | All | Mixed | 5661 | Daily Sobriety Renewal | US |
| 1:00 PM | Mon, Wed, Sat | Mixed | 1339 | Daily Sobriety Renewal | US |
| 1:30 PM | All | Men | 5403 | Daily Sobriety Renewal | US |
| 5:00 PM | All | Mixed | 5661 | Book Study/Discussion | US |
| 7:00 PM | Mon | Men | 5403 | Daily Sobriety Renewal | US |
| 7:00 PM | Thu | Mixed | 5661 | Book Study/Discussion | UK |
| 1:00 AM | Sun | Mixed | 5661 | Book Study/Discussion | US |
| 1:00 AM | Sat | Women | See below* | Book Study/Discussion | US |
| 2:05 AM | Sun | Mixed | 1339 | Book Study/Discussion | US |
| 2:05 AM | Mon | Mixed | 5661 | Book Study/Discussion | US |
| 2:05 AM | Tue-Sat | Men | 5403 | Book Study/Discussion | US |
| 2:05 AM | Fri | Mixed | 5661 | Book Study/Discussion | US |
| 3:15 AM | All | Mixed | 5661 | Nightly Reflections | US |

* Contact the SA Central Office at 866-424-8777 for the phone number

**New Zealand 6:00 PM access number: 712-338-8710 PIN 871#

For more information, visit www.saphonemeeting.org (e.g. DSR Questions)

DST started on Sunday, March 14, 2010 and ends on Sunday, November 7, 2010 at 2:00 AM