

## **The Next 24 ~ 6:25 AM EDT**

Welcome to Sexaholics Anonymous. This is a closed meeting for those who desire sexual sobriety. We will take turns answering a list of questions. Please remember to mute your phones when you're not speaking. If you don't have the mute feature, press 5 (\*6 B/U Number) to mute and 4 (\*6 B/U Number) to "un-mute".

Let's start the meeting with a moment of silence followed by the Serenity Prayer.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, the wisdom to know the difference and the willingness to take the action. Thy will, not mine, be done.

- 1) Do we admit we are powerless over lust and with our Higher Power's help, are we willing to seek sobriety and recovery?
- 2) Is there anything in the past 24 hours that endangered our sobriety, and what solutions can we use to overcome temptations or handle life today?
- 3) Name one thing you are grateful for and are you willing to turn your will and your life over to God?

### **SA announcements**

7<sup>th</sup> tradition-(Sexaholics Anonymous International Central Office-Brentwood TN); Conference Dial-in Number: (610) 214-0000 Access Code: 851489#, Conference Instructions \*4, mute \*6

### **Any other SA related announcements?**

Let's end the meeting with a moment of silence followed by the third step prayer.

God I offer myself to thee, to build with me and to do with me as thou will. Relieve me of the bondage of self that I may better do thy will. Take away my difficulties as victory over them may bear witness to those I would help of thy power, thy love and thy way of life. May I do thy will always. Amen